

## Prayer of Blessing

May God's grace be upon you.  
May this loving gift from Hearts &  
Hands of St. Mary's warm,  
comfort, enfold and embrace you.

May this provide a sense of  
security and well-being to  
sustain and embrace you in good  
times as well as difficult.

May you be cradled in Hope, kept  
in Joy, graced with Peace and  
wrapped in Love.

May God Bless you today,  
tomorrow and always.

Janet Bristow - 2000  
Adapted 2011  
by St. Mary's Church, Clinton, NY

*"Shawls ... made for  
centuries universal and  
embracing, symbolic of an  
inclusive, unconditionally  
loving God.*

*They wrap, enfold, comfort,  
cover, give solace, mother,  
hug, shelter and beautify.*

*Those who have received these  
shawls have been uplifted and  
affirmed, as if given wings to  
fly above their troubles...."*

Janet Bristow - 1998  
Adapted 2011  
by St. Mary's Church, Clinton, NY

St. Mary's Church  
13 Marvin St.  
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(315)-853-2935  
[www.stmarys-clinton.com](http://www.stmarys-clinton.com)

A ministry project of the Family  
Outreach Committee, part of the Hearts  
and Hands of St. Mary's Church.



## ST. MARY'S CHURCH

Clinton, NY



## Prayer Shawl Ministry

A ministry project of the Family  
Outreach Committee, part of the Hearts  
and Hands of St. Mary's Church.



# St. Mary's Church

## Prayer Shawl Ministry

### Our Mission

To bring prayers and comfort to the sick of our parish and our community and to those with special needs through the work of our hands.

### Who May Join

- Anyone in our community! Parishioners and non-parishioners. Men, women and children.
- Beginners are welcome. Members will teach you the basics.

### When/Where We Meet

- St. Mary's Church Basement.
- **TBA**—see parish bulletin
- Check parish website ([www.stmarys-clinton.com](http://www.stmarys-clinton.com)) for special announcements, etc.

### What We Do

- Crochet, Knit and/or Sew.
- Make shawls, lap blankets, caps, & slippers.
- All items are hand-made.

### How It Got Started

- Based on the national outreach program, [www.shawlministry.com](http://www.shawlministry.com)
- This program website contains tips, patterns, prayers and other information.

### Blessings & Prayers

- Prayer is the “heart & soul” of this ministry.
- The maker prays while making the item and recites the “Prayer of Blessing” (or a similar prayer) upon completion.
- The items are blessed before they are given to recipients.

### Consider Attending a Meeting

- We gather together to pray for each of the recipients and for those who have asked for our prayers.
- It is a time of fellowship & sharing with the other members of the group.

*“Where two or three are gathered together in My name, there am I in the midst of them.”*  
Matt. 18:20

### Working At Home

- If you work from home you are asked to pray for the recipients and for the intentions of all the members.
- Suggested prayers are provided.

### Finished Projects

- Please wash the items after you finish and place in a zip plastic bag.
- Bring completed item to a meeting or contact Roseann Suhr (include with the item a note with your name, date of completion and recipient if known).

### Delivery of Items

- Volunteers are available to deliver the items to recipients.
- We prefer the “one on one” method of delivery as this helps to carry the love of God to the recipients on a more personal level.
- A prayer card is included with all items.

### Donations

- We accept donations of yarn & other supplies.
- Monetary donations are also accepted and will be used for the purchase of yarn and other supplies as needed.

### Making A Request

- Items may be requested by any parish member or anyone else that contacts the ministry. Parish members will receive first preference.
- Items will be for those: suffering from illnesses, undergoing medical procedures, in recovery, in nursing homes and or homebound.
- There is no CHARGE for items. They are given away unconditionally.
- Recipients do not have to be Catholic or parishioners of St. Mary's Church.
- To make a request, please contact:

Roseann Suhr (315)-853-2029  
[rsuhr@verizon.net](mailto:rsuhr@verizon.net)

Or

St. Mary's Church Parish Office:  
(315)-853-2935